

DATE 2008: From 12.Apr to 12.Jul and from 23.Aug to 01.Nov

Weeks go from Saturday to Saturday

Price per rider per week:	1200
Price non-rider with half board	750
Single room supplement (Double bedroom used as single)	120

*** prices in Euro per person per week**

Conditions:

ACCOMMODATIONS

- 7 nights (from Saturday to Saturday)
- Accommodation in **Double Room** in the restored Farmhouse (twin share, bathroom ensuite)
- Breakfast included.
- **Full board** included tablewine (picnic lunch when necessary; meals will be served either in local restaurants or at the castle)
- Welcome drink and guided tour of the castle.
- **Extrabed:** 30E per person per day
- **Prices for children:** the same



RIDING

- **5 riding days:** 3 Full Riding days (4/5 hr. per day), 2 Half Days (1.5 hr. per day)
- **Italian/English speaking guide.**
- **Level:** from beginners (lessons in the arena) to intermediate
- **2 Outdoor riding school:** 1) 25x60, 2) 33x60 with jumps
- **Tack:** English
- **Horses:** mixture of throughbred, warmblood crosses and ponies for the children
- **Pace:** moderate with trots and canters
- **Min/Max riders:** 1-5
- **Max weight of the riders:** 100 Kg
- **Weekly insurance** included.

FACILITIES ON THE SPOT:

- Swimming pool (01st June - 30th September),
- Mini football Pitch
- Volleyball
- Ping pong
- Billiard.
- Tennis court (15E per hour)
- Mountain bikes (20E per person per day)
- Guided tour of Bolsena Lake
- (prices and more information at the Castle Reception)



OTHER FACILITIES

- Meeting point: Grotte di Castro
- Closest Airport:s: Rome Fiumicino or Rome Ciampino
- Closest railway station: Orvieto

Note: good train connections from Rome to Orvieto, time aprox 1hr. Still it is advisable to rent a car at the airport.

RIDING WEEK PLAN:

Saturday

Afternoon, Check in, welcome drink & briefing with guide\instructor about riding and accommodation details and choice of the horses for the next days, dinner.

Sunday

Morning

TO THE PANORAMIC VIEW

DESCRIPTION: Who takes part in this excursion is rewarded with a magnificent breathtaking panoramic view filling your heart. Following the communal bridleway, we will reach the woods of Onano. From there crossing a few fields we can reach a small track going slightly uphill ideal for a canter in the woods. Once at the top of the hills while horses regain there strength at a walk we turn right. Along the hills' cliff and at a certain point we turn right with a road cutting down and up onto this final hilltop where the great view is. You can see all the region from there, from side to side. Mountains, lakes, woods and castles: it's all there at your feet, S.Cristina Castle in the distance in front of you. With this enchanting sight in your eyes the guide will lead you down the hills back home



Afternoon

2) NOCCHIETO & S.MARTINO:

DESCRIPTION: This excursion follows north part of the old outlaws track, initially along the hills and later with a zig zag into the bushes and valleys hidden in between the oak woods. This track was used by famous outlaws of the last century to escape from the guards chasing them from the plains of Maremma. Soon we will reach the old farm named Nocchieto, ruined but still facinating in its architecture leaning against the tufo rock.



The road changes from rock into soft ground and the horses can now be pushed into gallop until the old fountain, where they can stop for a rest. Here turning on the right we will enter a hidden and narrow line of gorges used by the sheperds. At the end we will reach the top of a hill with a beautiful view of Mount Amiata. With a few ups and downs following an easy track, we will reach the farm of S.Martino from where through a road carved into the rock we will reach again S.Cristina.

Monday

LAKE MEZZANO

DESCRIPTION: Lake Mezzano is an area of great interest both historically and naturally. The lake was once a volcanic crater and historical site with human settlements going back to the preetruscan era (aprox 2700 years ago), now submerged by water due to earthquakes. From Castle S.Cristina through the hills thick with chestnut woods, we will descend upon a plain where the lake lies.

There, if wanted, horses can be pushed into a canter following the old track crossing the plain before the lake along the fields and vineyards Bordering Selva del Lamone Naturale Reserve we will stop for lunch above the lake in a magical atmosphere..A small rural restaurant overlooking lake Mezzano

will provide us with a beautiful view and a jucy lunch under the shade of the trees overlooking the lake. From June to September who wants can have a refreshing swim in the lake when the season allows it.

In the afternoon the group will take the horses back through the wooded hills.



Tuesday

Day off for local excursions.

The surroundings of the castle are full of interesting archeological and historical sites. Just a few suggestions

- the village fortresses of Pitigliano, Sorano, Sovana,
- visiting the marvellous Italian gothic church of Orvieto
- Civita di Bagnoregio, called the 'Dying Town'



Wednesday

FROM CASTLE TO CASTLE

DESCRIPTION: An incredible experience. In this excursion you will have the opportunity to travel with your horse from Castle S.Cristina to another fortress: Castle Proceno.

We will reach the outskirts of the village of Onano and XVI cent. little country church of Madonna delle Grazie from where we will have a beautiful view of the medieval village walls. Now the country road turns north into enchanting countryside on the border between Lazio and Southern Tuscany.

Crossing Montorio game reserve, if we are lucky pheasants, fallow- deer, and boars can be spotted while horseriding. A fabulous excursion that will take us through the most unspoiled Tuscan countryside, wading a ford in the Stridolone river before making the hilltop overlooking the fortress of Proceno. After Lunch we will cross the river again on a easy wade and climb the side of a plateau through thick vegetation taking advantage of an old track once used by farmers.

From there at a trot bordering vineyards and fields we will reach first an ex XVIII cent.. convent and then head to S.Cristina castle from the north east.

START: 9.00 A.M. from Castle S.Cristina



Thursday

Morning:

DRESSAGE (1.5 hr.)

DESCRIPTION: In the morning you can choose either to continue with one of the other excursions or a dressage lesson with our Finnish instructor Heidi. The dressage is an ancient art of riding, which can give you the possibility to test yourself for an harmonious control of your horse and your body.

Afternoon:

GUIDED TOUR & WINE AND OLIVE OIL TASTING AT THE GRADOLI LOCAL CELLAR / OLIVE OIL MILL

DESCRIPTION: Opposite to the famous Renaissance Farnese palace of Gradoli we find a typical local cooperative cellar where genuine wine and oil are produced with the grapes of the local small farmers. The cellar manager will lead you through the different passages of the wine production ending with a wine tasting of the local Doc wines and olive oil directly on the spot.



Friday

Morning:

DRESSAGE or EXCURSIONS (1.5 hr)

DESCRIPTION: see Thursday program

Afternoon:

Half day at Sorano termal bath and wellness center.

DESCRIPTION: The Spa nearby, with its natural hot springs, is waiting for you. You can decide just to relax by a thermal swimming pool furnished with two water falls under which can you enjoy natural hydromassage with waters that flowing from natural Springs at 37° Celsius rather than to receive a special massage or treatment.

Please note, the offer includes the entrance to the thermal swimming pool and the use of the large equipped area with sun beds and umbrellas. To be paid extra: massage and special treatments.



Saturday

Morning, Check out

ATTENTION: The excursions can be changed according to weather, horses and riders conditions by the riding management of the castle.